

## My LOVE of Learning

- 1979-1981: McHenry County College- AS: High Honors  
Tae Kwon Do Training
- 1981-1983: George Williams College-Social Work/Counseling Psychology  
Shaolin Kung Fu Training  
Macro-biotic diet ☺
- 1983-1985: Jane Addams School of Social Work
- 1985: Specialized Training in Ericksonian Hypnosis
- 1985-1986: Northeastern Illinois University-BA Counseling Psych
- 1986: Certification in Systemic Family Therapy
- 1987-1988 Jane Addams School of Social Work, Graduate Program

*During the period of 1990-1996 I joined the 'business world'; moving from assistant manager, manager, and then director of operations, working with Brandy's Automotive Repair. Great learning and application of my education and experience to the business world*

- 1997: Training: The 7 Habits of Highly Effective People
- 1998-2001: Training in Full Contact Fighting and Brazilian Ju Jitsu\
- 1999: NLP Practitioner Certification
- 2000: Assisted training: NLP Practitioner
- 2001: Completed Certification in Hypnosis and Master Certification in NLP
- 2002: Assisted Training for Hypnosis and NLP Certifications
- 2001-2003: National Lewis University: MA Managerial Leadership: High Honors
- 2002: Completed Advanced NLP Training: Design Human Engineering
- 2003: Completed NLP Persuasion Engineering and Trainers Training
- 2003-2004: Completed Coaches Certification Training: The Coaches Training Institute
- 2004-2005: Assisted in 116 hours of coaches training
- 2005: Completed 35 Hours: Narrative Therapy Training
- 2005-2006: Completed 116 hours of training: Relationship Coaching
- 2006-2007: Assisted in training: 116 hours Relationship Coaching
- 2007-2008: Completed 91 hours of advanced coaching training: Lucid Living
- 2008: Completed 21 hours: Advanced Training-Emotional Freedom
- 2009: Thus far: 1 day workshop: "The Work: Byron Katie"  
21 Hours: Assisting Coaching Training-CTI