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# Key Coaching Principles:

From [www.Coachville.com](http://www.Coachville.com)

(Jan 05) I ran across these principles again recently and thought that some of you interested in coaching or who are coaches in training would like to see it. Enjoy the reading, some of these points resonate more than others, decide for yourself which you enjoy the most!

**1. Synergy causes better results, much more easily.**

*Coaching is synergistic, by its collaborative nature between coach and client.*

**2. When people are fully heard and understood, they move forward instantly.**

*Without this, people generally slow down or even stop in life.*

**3. Any situation can be optimized, turned around or improved.**

*And with a coach, it can happen much more quickly.*

**4. Few problems occur when one has a strong Personal Foundation.**

*Rising above the much of life is Job #1 in coaching.*

**5. Sometimes the client has the answer, sometimes the coach does.**

*It doesn't really matter where the answers come from.*

**6. One can have a perfect life**

*Don't mock it until you've tried it. Details at [www.trulyhumancoaching.com](http://www.trulyhumancoaching.com) and at [www.theperfectlife.com](http://www.theperfectlife.com)*

**7. We humans operate at 1%, or less of our potential.**

*Coaching increases this percentage*

**8. Success is a basic human right.**

*Success has nothing to do with deservedness, privilege or background.*

**9. When the client properly defines success for him/herself, coaching accelerates.**

*This knowledge naturally positions the client to be more successful with less effort*

**10. Most people don't know what they truly want.**

*A coach can help clients discover what they truly want. It's a fairly simple process.*

**11. What one puts up with, costs one dearly.**

*Tolerations consume energy, resources and the human spirit.*

**12. We are all Picassos-In-Training**

*The world is waiting for everyone to discover, express and share their creativity.*

What are you tolerating? Do you know what you truly want? Have you denied yourself the very thought of a perfect life? Do you want more results, quicker and easier? Connect with Jim... now 😊