

You can have it all!!! (Even if you think it is not possible)

While talking with a friend today he asked: “Jim, do you really think that people believe they can be truly happy?” “Do you really think the average person thinks that they can have the kind of peace, ease and success in their life that you teach?” Great questions...and the answer is no. This is what stops most people from having the degree of happiness, success, peace, and love in their life that is truly possible. Are you tolerating a life of ‘I’m ok’, “things are fine”? Do you believe it’s not “really” possible to have all you want? Try again and read on.

You see, most of us in this culture have been taught from an early age what we can and cannot have; what we can and cannot want; what we can and cannot deserve. Lies, all of them lies. Now, our parents did not intentionally lie to us, it is what they knew to be true (ask them if they’re still around, they’ll tell you!).

They were trying to pass on their wisdom to make sure you were safe and sometimes successful in the world. Well, where did they learn their great wisdom from? From their parents who lived through the Great Depression? Through the veil of culture that rested on the premise that it is up to you to pull yourself up by your own bootstraps? Give that one a try...notice it still doesn’t work.

Part of the problem is we as a people have learned to settle, to tolerate, to tell ourselves it is “OK” to have what we have; that we should be grateful and ‘count our blessings’, and I agree. Gratitude along with joy, trust and value are generating energies; they generate the momentum of success, happiness and peace, but it is not enough.

Friends, you can have it all... you don’t have to earn it, you don’t have to perform for it, and you deserve it all, right now, simply because you exist. Part of the problem we have is in the telling ourselves that we have to ‘earn’, that we have to ‘work hard’ and that in order to get ahead we need to work hard and struggle in order to deserve and expect to have it all.

What if, instead, you just started to believe you can have it all? I know, more of that woo-woo stuff; that stuff that dreams are made of; pipe dreams; fantasies. I hear the voices in your head now: “that’s not possible, that’s not the ‘real’ world”... well, it is the real world... as real as the words on this page, as real as the thoughts in your head. One day there were no such things as microwave ovens; baked potatoes took 30-50 minutes to bake. Then one day someone had an idea, a dream, and POOF, the world is full of microwave ovens, and toasters and other less tangibles like time & money.

So I want to ask you...in all the chaos and confusion of your busy day to day lives, do you feel lucky? Well, do ya? You see, no one believed Dirty Harry either...they told him his methods were unfounded and unrealistic; but he always got the bad guy, didn’t he? Ok, so he is a fictitious character, and what about the Wright brothers... day in and day out at Kitty Hawk, believing that they could create a machine that would make humans fly. What about Einstein, or Benjamin Franklin, or Gandhi, or Martin Luther

King? There was once a time when traveling to the moon was believed to be ludicrous, then President Kennedy made a commitment and again “POOF”, men were on the moon.

Folks, believe it or not, you can have it all...it's in the believing, the dreaming and the expecting that it happens. Think about it next time you use your microwave.

Here are a couple of resources for you, just in case you really want to have it all:

My Book: “Getting What You Want-The Art of Living on Purpose”... this is free, sign up on my website: www.trulyhumancoaching.com middle left of first page.

My Book: “Success is a State of Mind” is more success worth \$20.00 to you? [Click Here:](#)

A complimentary personal coaching sample: contact me here:
jim@trulyhumancoaching.com

The many articles I have written in the past about the importance of expecting, of dreaming, of believing and of deserving ([Article Links](#)).

With wishes of greatness for you; with wishes of a loving peaceful world for us all.

http://www.trulyhumancoaching.com/life_purpose_articles/lpa.youcanhaveitall.pdf