
Conversations with God – An NLP Rendition

(June 06) While listening to “the conversations with God” tape, there was a discussion about “brain washing and mental manipulation”. The conversation went something like this,:

Human: that sounds like mental manipulation, a kind of brain washing
God: HAVE YOU THOUGHT ABOUT WHERE YOUR THOUGHTS COME FROM? WHY FROM THE VERY MOMENT YOU WERE BORN, YOUR SOCIETY, YOUR FAMILY, YOUR TEACHERS HAVE Poured ONE IDEA INTO YOU AFTER ANOTHER.

Human: so you’re saying that I’m being controlled by what others have programmed into me?
God: THAT DEPENDS ON WHAT YOU MEAN BY CONTROLLED. I LIKE TO CALL IT INFLUENCED, CALL IT WHAT YOU WILL, THAT’S ANOTHER CONVERSATION. THAT’S RIGHT, UP UNTIL NOW. NOW, YOU KNOW THAT YOU HAVE A CHOICE ABOUT WHAT YOU PUT INTO YOUR BRAIN, WHAT YOU BELIEVE AND WANT TO BELIEVE, WHAT YOU LEARN AND HOW YOU APPLY THAT

Human: you make it sound easy, I don’t see how it’s possible
God: THAT’S PART OF YOUR PROBLEM
Human: what is
God: YOU DON’T SEE HOW IT’S POSSIBLE, YOU INSTEAD PICTURE WAYS IT WON’T WORK, HOW YOU WILL FAIL...THEN MAKE YOURSELF FEEL ALL INADEQUATE, WRONG, OR GUILTY ABOUT SOMETHING THAT NEVER EVEN HAPPENDED!

Human: I can’t help it...
God: YOU CAN, IT’S SIMPLE. SINCE YOU CAN DECIDE ABOUT THE KINDS OF PICTURES YOU PUT IN YOUR HEAD, WHY NOT MAKE THEM GREAT? INSTEAD, MAKE THE PICTURES OF YOU SUCCEEDING, OF YOU LEARNING. YOU SEE, UP UNTIL NOW, YOU DIDN’T KNOW YOU DIDN’T KNOW, AND KNOW YOU KNOW YOU DON’T KNOW, SO IT’S SIMPLY A MATTER OF DISCOVERING THAT WHICH YOU DO NOT KNOW YET BUT ARE IN THE PROCESS OF LEARNING.

Human: Huh?
God: YEAH, I GET THAT RESPONSE A LOT. TRUST ME, IT WORKS
Human: So, what do I do next?
God: CONTINUE TO ASK THE QUESTIONS, CONTINUE TO WONDER, AND NEVER, NEVER SETTLE IN THE PLACE OF WHAT YOU ‘SHOULD’ DO.... ASK WHAT YOU WANT, LEARN ABOUT YOUR VALUES AND BELIEFS AND THEN DECIDE HOW YOU WANT TO

MOVE FORWARD. YOU ARE NOT 'STUCK WITH YOUR 'LOT IN LIFE', TODAY YOU KNOW, YOU CAN CHOOSE AND DECIDE. IF YOU DECIDE NOT TO, THEN YOU HAVE STILL MADE A CHOICE.

Namaste