
The Essential Elements of a Loving Relationship

(July 06) What are the essential elements of a loving relationship? Are there universal or culturally agreed upon elements, aspects, or characteristics of loving relationships? In fact, is there enough information and agreement about what a loving relationship is in order to then define its essential characteristics? Yes, in fact, knowing how we define the 'it' before we describe 'it's elements' would be the true order of things, in the normal course of things, as things go.

I started asking the question: "What are the essential elements of a loving relationship?" I asked myself first, then my partner, then other coaches, friends and associates. Note: not one person asked me what I meant by "Loving Relationships"... not one. Is it really that common of an understanding? Is it like the saying: "use your common sense". That my mother used to tell me? Was this part of the common sense that was not as common in my household that I missed? I think not...

What are the essential elements of a loving relationship?

So now I'm asking you! What do you consider the essential elements of a loving relationship?

Now, there are no 'right or wrong' answers to this question, what is considered 'essential' to one person may be considered insignificant, desired, or 'non-essential' to others. What I'm looking for is "WHAT IS ESSENTIAL FOR YOU?" What is it that is it that you want and need most in relationships? What is it that for you makes a loving relationship successful, joyous and valuable?

WHAT IS ESSENTIAL FOR YOU?

Send your answers to jim@trulyhumancoaching.com Next month I will reprint your answers, (with or without mention of you, as you so desire) as well as use the information as I write my second book: The Essential Elements of Loving Relationships!