

Discovering Your Purpose: Your Soul's Journey

Once upon a time there were many lights...as many as there are stars in the sky. One day, much like many other days, a particular light descended upon earth. It descended in its own particular way because, like the trees that grow the flowers that bloom and the rain that falls, it is the thing that lights did.

However, as a light, it was a higher form of consciousness than those things we know as real here on earth... As a light it knew it was on a journey, an evolution if you will. Its purpose: to continue to evolve to the divine light it was meant to be. And even though these lights were much higher forms of consciousness than the trees and flowers and birds, this was their path of growth. This is what they did.

So, on this very specific and exact time, day and place, the light joins with spirit, a truly miraculous event, and decides to descend upon earth to learn particular lessons.

The light even picks specific parents, because they know that they will need to learn and will be given lessons in their human form that may be confusing, painful and may create chaos. It's what they do. They know, because once they assume their human form everything they know as 'the light' is forgotten...or at least deeply hidden as they begin to learn their lessons. ***Welcome to your great life!***

There are two 'guides' I use to help my clients to discover for themselves why you are here. The first is a widely used tool called "The Enneagram", the second is a guide supported by those who purport conscious manifesting: Lazaris, Lucid Living and others simply called "Your Soul's Journey".

We are joined souls and spirits here on a journey; we choose everything: our time and place to be born, our parents and our name. The fields of numerology and astrology offer guides and descriptions as similarly. The essence of the Enneagram is the belief that

"...human beings are spiritual presences incarnated in the material world and yet mysteriously embodying the same life and Spirit as the Creator. Beneath the veils of illusion, the light of Divinity shines in every individual."
p. 9 "The Wisdom of the Enneagram"

The Enneagram identifies 9 distinct personality types and is best used by first discovering your 'type' and then using the information with your coach as a tool for self-observation. ****The tool will ONLY WORK if we are willing to be honest with ourselves. It is best used as a guide to self-observation, self-inquiry and self-growth, which as some of you know is often beset with resistance and upset, followed by freedom and peace of course.**

What can you learn from the Enneagram?

- Your types particular healing attitudes, gifts and transformational process
- How to observe, accept and let go of habits and reactions
- Understanding and acceptance of unconscious childhood messages
- How to cultivate and use your awareness in your daily life
- Learn your life purposes
- How to use your insight for continuing personal and spiritual growth

Just to name a few ☺

The other guide I use is the “Soul Journey” and “Life Lessons” path as described by Lazaris and taught through Lucid Living. Again, a brief description followed by links with further information.

Life Focuses

Narrative Information From www.lucidliving.net
Content for Narrative from www.lazaris.com

“In some ways, exploring your life focuses- those spiritual challenges that are your deepest reason for being here—is the easiest access to discovering destiny. Knowing your life focuses and getting intimate with their challenges, EMBRACING those challenges, is a first step in embracing and claiming your destiny.

Remember, destiny is your destination—where you are going and your reason for going there. At the bottom of it all, love with its experience of oneness and reconnection to yourself and the divine is where you are going and why you are going there. But each of us has a uniquely handcrafted journey that turns destiny into an intimate and powerful force.

Knowing your life focuses and consciously embracing them can shift your attitudes, beliefs, emotions and choices about the content of your life. Instead of being burdened by certain issues and challenges, you can see them as the hurdles you placed to master very particular things, to shape the person you are becoming and reveal more of your essence. You can make the choice to engage your focuses as a spiritual adventure in dominion instead of feeling burdened by these issues that repeatedly trip you up.

Realize you have been interacting with your focuses all your life, even if you’ve never named them. Some focuses are common to all of us and thread through every lifetime we have. Then others are elective focuses unique to this lifetime.



All human beings have the same two primary focuses:

TO LEARN TO HAVE FUN TO LEARN TO CONSCIOUSLY CREATE SUCCESS

Notice that LEARNING is the key word.

Common Elective Life Focuses

Love- a comprehensive understanding

Communication- to be innovative and creative

Encountering emotion- in general, or specific emotions, cleaning up unfinished business

Power, Success and Femininity or Power/Success/Masculinity—bringing all three together

Mastering Negative Ego- this is the lifetime to dive into it with a depth, to master it

Character- developing it

Healing and or Teaching- to focus on functioning as a source of healing or teaching

Exploring strengths and weaknesses

Creativity—from the simplest tasks, to do it creatively

Service—the most difficult of the elective focuses, exploring the fine line into the arrogance of feeling “better than” or the martyr of being used. Also to be served- to let in the love and the help

Spirituality—to deeply explore your relationship with God/Goddess All That Is.

You may have a life focus on a pair of the strengths and powers.

Strengths and Powers

With each of your particular strength, there is a corresponding power of action. In the list below either energy in the pair can be the strength or the power. For example, you can have strength of creativity and with it a power of productivity. Or your strength may be productivity and with it a power of creativity.

You may have chosen a life focus to explore or master a particular set of strengths and powers.

They are:

- 1. creativity/productivity**
- 2. discernment/opinion, evaluation, assessment**
- 3. courage/commitment**
- 4. forgiveness/be forgiving**
- 5. curiosity/intellect**
- 6. empathy/intimacy, caring**
- 7. imagination/will**
- 8. dream/vision**
- 9. humor/integrity**
- 10. leadership/impact**
- 11. love/loving**
- 12. communication/innovation, invention**
- 13. spiritual discernment/principles, character, thinking and feeling**
- 14. passion/compassion”**

There comes a time in the lights human life where they begin to connect with their lessons, their purpose and begin to move beyond their mere physical existence. The lights, disguised as humans, realize that there is more to life than working real hard, accumulating things and then retiring, one day, maybe. The lights began to shine... and oh goodness, the world became a very bright place indeed.

What to do...or...How do I use this stuff??

1. Follow the link and take the enneagram test.
www.enneagraminstitute.com
 - a. Read the types that you scored highest in, go with what resonates with you in determining your type. Call me for a free consult, I love this stuff.
2. Read the various “Life Lessons”: which ones resonate? Which ones are do not resonate at all?
 - a. If only one or two resonate, go to the “strengths and powers” section... which show up for you regularly? Which have been or are challenges?
 - b. Again, call me for a free consult! I love this stuff!Remember that two of your life lessons are learning to have Fun and learning to consciously create Success... the rest you have already chosen

***Enjoy your journey beautiful souls...
and shine like the stars you are!!!***

For more information on soul journey and life lessons, visit: www.lazaris.com and download:

[Wisdom and Freedom of Soul and Spirit: Awakening and Maturing Truer Self
Alleviating Your Life Lesson & Letting It Serve You](#)

For more information about classes related to this information, go to:
www.lucidliving.net

Blessings

Jim